



Week 7. DANCING THE EVOLUTIONARY EDGE: CREATIVE, JOYOUS DISCOVERY!

RESOURCES

Books:

- *The 7 Habits of Highly Effective Families* by Stephen R. Covey

CDs – a few of the CDs that our daughter has especially enjoyed and that have brought the sacred into our home sanctuary. They come from a variety of spiritual lineages:

- *Light on Water* by Zoey Wren (meditative piano music)
- *Children Beyond – with children united in prayer* by Regula Curti, Dechen Shak-Dagsay and Tina Turner (children singing songs from many different lineages)
- *Divine Birth – Meditations, Shabads and Songs for your child in Pregnancy and Life* by Snatam Kaur
- *Mother's Blessing* by Prabhu Nam Kaur and Snatam Kaur
- *Feeling Good Today! (Children singing)* by Snatam Kaur
- Music from the Monastic Community in France called Taize

Would love to hear of your and your children's favorite music that uplifts and inspires you, music that speaks to the soul, be this Bach, Bluegrass, meditative chants, or whatever it may be that your child enjoys and that lifts your soul and brings you to a contemplative, festive or otherwise deeper and more alive place!