



Week 3. THE “WE”: WE’RE IN THIS TOGETHER!

RESOURCES

BOOKS:

- *Hold on to Your Kids* by Gordon Neufeld and Gabor Mate
- *The Five Love Languages of Children* by Gary Chapman and Ross Campbell
- *The Discipline Book* by William Sears and Martha Sears
- *Baby Signs* by Linda Acredolo and Susan Goodwin

WEB LINK:

<http://acestoohigh.com/2012/04/23/lincoln-high-school-in-walla-walla-wa-tries-new-approach-to-school-discipline-expulsions-drop-85/>

This article describes how an approach to discipline, which is based on connecting, listening, caring, and using consequences without malice, reaction, or impulsiveness meets a teenager’s needs much more fully, and as described in this article, also works for traumatized teenagers exposed to ongoing toxic stress who really need a different response when it comes to discipline than the outdated one of, “Do as I say, or you will be punished”. Note this school’s version of “time-in”.